

WHEN:

TUESDAY

OCTOBER 6TH, 2020

WHERE:

GREEN ISLE SOCCER
FIELDS

(900 Greene Ave.)

COST:

FREE

AGE:

10 years or older

*Children 10-16 years of age
should be accompanied by an
adult.

CLASSES TAUGHT

BY:



ELLIPSE FITNESS

training center

Join us for socially-distanced Kickboxing at Green Isle Park (near the Tennis Courts) on **Tuesday October 6th, 5:30pm-6:15pm**. Never kickboxed? No problem! We'll go over the basics and take it at your level! Bring water and dress for the weather/park environment.

Look for Heather in the fluorescent pink t-shirt! Heather has been coaching kickboxing with Ellipse Fitness in Allouez for almost 15 years! Questions? Call or text 920-785-8017

Class taught by personal trainers/instructors from Ellipse Fitness

Register by texting 920-785-8017 or emailing allouez@ellipsefitness.com

